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IV. POLICY CRITERIA

PREVENTIVE HEALTH GUIDELINES

Care for Infants and Toddlers up to 36 months

- Centers for Disease Control. (2019). [CDC Infants and Toddlers General Information](#)
- Centers for Disease Control. (2019). [Recommended Immunizations for Children from Birth through 6 Years Old](#)
- Centers for Disease Control. (2019). [Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger](#)
- American Academy of Pediatrics. (2019). [Recommendations for Preventive Pediatric Health Care](#)

Care for Children 4-11 years old

- Centers for Disease Control. (2019). [CDC Children \(Approximate Ages 4-11\) General Information](#)
- Centers for Disease Control. (2019). [Recommended Immunizations for Children from Birth through 6 Years Old](#)
- Centers for Disease Control. (2019). [Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger](#)
- American Academy of Pediatrics. (2019). [Recommendations for Preventive Pediatric Health Care](#)

Care for Adolescents and Teens 12-19 years old:


- Centers for Disease Control. (2019). [CDC Teens \(Approximate Ages 12-19\) General Information](#)
- Centers for Disease Control. (2019). [Recommended Immunizations for Adults by Age](#)
- Centers for Disease Control. (2019). [Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger](#)
- Centers for Disease Control. (2019). [Recommended Immunizations for Adults: By Age and Health Condition](#)
- American Academy of Pediatrics. (2019). [Recommendations for Preventive Pediatric Health Care](#)

Care for Adults 20-64 years old

- Centers for Disease Control. (2019). [Recommended Immunization Schedule for Adults Aged 19 Years or Older](#)
- Centers for Disease Control. (2019). [Recommended Immunization Schedule for Adults Aged 19 Years or Older and General Information](#)
- Centers for Disease Control. (2019). [Recommended Immunizations for Adults by Age](#)
- Centers for Disease Control. (2019). [Recommended Immunizations for Adults: By Age and Health Condition](#)
- American Academy of Pediatrics. (2019). [Recommendations for Preventive Pediatric Health Care](#)

Care for Adults 65 years and older

- Office of Disease Prevention and Health Promotion.(2019). [Understanding the Health of Older Adults](#)
- Centers for Disease Control. (2019). [Recommended Immunizations for Adults by Age](#)
- Centers for Disease Control. (2019). [Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger](#)

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Guidelines for various age groups

- U.S. Preventive Services Task Force. (Nov 2019). [General Health Recommendations](#)
- U.S. Preventive Services Task Force. (October 2015). [Screening for High Blood Pressure in Adults](#)
- U.S. Preventive Services Task Force. (March 2018). [Skin Cancer Prevention: Behavioral Counseling](#)
- American Cancer Society. (May 2018). [Colorectal Cancer Screening](#)

The following evidence-based preventive health guidelines listed below are specific to the line of business as indicated:

USFHP:

- TRICARE Policy Manual 6010.60-M. (April 1, 2015). Clinical Preventive Services- TRICARE Prime and Select, Chapter 7, Section 2.2. Retrieved from: <http://manuals.tricare.osd.mil/>
- TRICARE Policy Manual 6010.60-M. (April 1, 2015). Well-Child Care, Chapter 7, Section 2.5. Retrieved from: <http://manuals.tricare.osd.mil/>

PRIORITY PARTNERS:

- Maryland Department of Health and Mental Hygiene. Retrieved from: <https://mmcp.health.maryland.gov/>

ADVANTAGE MD:

- The Official U.S. Government Site for Medicare, (2018). Preventive Visit & Yearly Wellness Exams. Retrieved from: <https://www.medicare.gov/>

V. DEFINITIONS

Preventive Health Guideline: A document created by JHHC or a nationally recognized medical organization with the aim of guiding decisions and providing criteria regarding preventive health care based on an examination of current evidence in the medical literature.


VI. BACKGROUND

Preventive care includes health services like screenings, check-ups, and patient counseling that are used to prevent disease, illnesses, and other health problems, or to detect illness at an early stage when treatment is likely to work best. Individuals that have a family history of certain diseases and those with other risk factors should discuss preventive health measures with their primary physician. Individuals that receive the recommended preventive services and who make healthy lifestyle choices are key steps to good health and well-being (Centers for Disease Control, 2019).

The American Cancer Society (May 2018) recommends Colorectal Cancer screening for people at average risk* to start regular screening at age 45. This can be done either with a sensitive test that looks for signs of cancer in a person's stool (a stool-based test), or with an exam that looks at the colon and rectum(a visual exam). (American Cancer Society, 2018).

*For screening, people are considered to be at average risk if they do not have:

- A personal history of colorectal cancer or certain types of polyps
- A family history of colorectal cancer
- A personal history of inflammatory bowel disease (ulcerative colitis or Crohn's disease)

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- A confirmed or suspected hereditary colorectal cancer syndrome, such as familial adenomatous polyposis (FAP) or Lynch syndrome (hereditary non-polyposis colon cancer or HNPCC)
- A personal history of getting radiation to the abdomen (belly) or pelvic area to treat a prior cancer (American Cancer Society, 2018).

VII. REFERENCE STATEMENT

Analyses of the scientific and clinical references cited below were conducted and utilized by the Johns Hopkins HealthCare LLC (JHHC) Medical Policy Team during the development and implementation of this medical policy. The Medical Policy Team will continue to monitor and review any newly published clinical evidence and revise the policy and adjust the references below accordingly if deemed necessary.

VIII. REFERENCES

American Academy of Pediatrics, (March 2019). Recommendations for Preventive Pediatric Health Care. Retrieved: https://www.aap.org/en-us/Documents/periodicity_schedule.pdf

American Cancer Society, (May 2018). Guideline for Colorectal Cancer Screening. Retrieved: <https://www.cancer.org/cancer/colon-rectal-cancer/detection-diagnosis-staging/acs-recommendations.html>

Centers for Disease Control (CDC), (September 2019). Children (Approximate Ages 4-11). Retrieved : <https://www.cdc.gov/parents/children/index.html>

Centers for Disease Control (CDC), (November 2019). Infants & Toddlers (Approximate Ages 0-3). Retrieved: <https://www.cdc.gov/parents/infants/index.html>

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Centers for Disease Control (CDC), (February 2019). Recommended Immunizations for Adults by Age in Easy-to-read Format. Retrieved : <https://www.cdc.gov/vaccines/schedules/easy-to-read/adult-easyread.html>

Centers for Disease Control (CDC), (2019). Recommended Immunizations for Children from Birth Through 6 Years Old. Retrieved : <https://www.cdc.gov/vaccines/parents/downloads/parent-ver-sch-0-6yrs.pdf>


Centers for Disease Control (CDC), (February 2019). Recommended Immunization Schedule for Adults Aged 19 Years or Older, United States, 2018. Retrieved : <https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>

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U.S. Preventive Services Task Force (USPSTF), (November 2019). Published Recommendations. Retrieved : <https://www.uspreventiveservicestaskforce.org>

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TRICARE Policy Manual 6010.60-M. (April 1, 2015). Well-Child Care, Chapter 7, Section 2.5. Retrieved : <http://manuals.tricare.osd.mil>

Note: Additional references are embedded in the above policy criteria.

IX. APPROVALS

Historical Effective Dates: 9/6/2013, 9/5/2014, 6/5/2015, 6/3/2016, 6/2/2017, 10/1/2018, 2/3/2020